

SEMINAR SCHEDULE

All seminars are included with daily admission.

	CLASSROOM 1	CLASSROOM 2	CLASSROOM 3	CLASSROOM 4	CLASSROOM 5
FRIDAY, MARCH 17					
4:00pm -until- 5:00pm	(111) Wreath-Making- Nicole Delcogliano, Organic Growers School	(112) Root Cellaring- Rod Bowling, Organic Growers School	(113) Successful Seed Starting for Healthy Plants- Chris Smith, Sow True Seeds	(114) Seven Elements of a Healthier Home- Rick Bayless, A Healthier Home	(115) Making Your Own Laundry Soap- Jordan Henderson, Soap Alchemy
5:30pm -until- 6:30pm	(121) Ayurvedic Medicine: The Ancient Medical System of India - Abbas Rakhshani, The Yoga Wellness Center	(122) Intro to Homestead Dreams- Brandon Greenstein, Organic Growers School	(123) CANCELLED BY SPEAKER: Sunrooms, Conservatories & Orangies NEW TOPIC: 17 Ways to Compost- Amy Landers, Gardens that Matter	(124) Carbon & Waste Reduction Goals for City of Asheville- Amber Weaver, LEED Green Associate, Sustainability Officer for the City of Asheville	(125) Rainwater Harvesting and Water Filtration Solutions- Jacob Goodman, Goodman Plumbing
SATURDAY, MARCH 18					
11:00am -until- 12:00pm	(211) Renovate with Color- Scott Smith	(212) Going Green with Your Cleaning Supplies- Keller Ann Knight, The Vitamin Shoppe	(213) Successful Seed Starting for Healthy Plants- Chris Smith, Sow True Seeds	(214) Seven Elements of A Healthier Home- Rick Bayless, Home Healthiness Instructor and founder of A Healthier Home	(215) The Advantages of a Solar PV System- Rachel Paulman, Nick Welch with Sol Farm
12:30pm -until- 1:30pm	(221) Better Living Conditions & Local Food Production in Cold Climates- Bart Cox, Northern Indigenous Housing	(222) Homeopathy for Chronic Care- Kimberly Woods, Revolutionary Medicine	(223) Reduce, Reuse, and Rot- Christine Brown, GreenWorks	(224) Stone Landscaping- Joe Dinwiddie, Dry Stone Joe	(225) Willows for the Landscape, Farmscape and Home Decor- Walker & Ann Miller, The Happy Berry Farm
2:00pm -until- 3:00pm	(231) Tree Crown Reduction and Pruning- Patrick George, Heartwood Tree	(232) Mind-Body Medicine : Applications, Benefits, & Limitations- Abbas Rakhshani, The Yoga Wellness Center	(233) Renovate with Color- Scott Smith	(234) The Wonderful World of Native Plants- Terri Long, Terri Long Landscaping	(235) Remodel for Health and Energy Efficiency- Sam Ruark-Eastes, Executive Director, The WNC Green Building Council
3:30pm -until- 4:30pm	(241) Paint Color Placement: The Designer Secret to a Successful Color Plan- Sandy LeRoy, Sterling Property Services	(242) History and Feasibility of Electric Cars- Kent Barnes, The Blue Ridge Electric Vehicle Club	(243) Growing Annual and Perennial Flowers in your Landscape- Angie Lavazzo, Sow True Seeds	(244) Sustainability Starts with the Land- Jennifer Bauer, Appalachian Landslide Consultants	(245) Which home performance upgrades are most worth the money? Amy Musser, Vandemusser Design
SUNDAY, MARCH 19					
12:00pm -until- 1:00pm	(311) Tree Crown Reduction Pruning- Patrick George, Heartwood Tree	(312) Ayurvedic Massage: Restorative, Preventive, and Relaxing- Abbas Rakhshani, The Yoga Wellness Center	(313) Growing Annual and Perennial Flowers in your Landscape- Angie Lavazzo, Sow True Seeds	(314) Homeopathy for Chronic Care- Kimberly Woods, Revolutionary Medicine	(315) Where Did You Get That Water Bottle Fleece? Christine Brown, GreenWorks
1:30pm -until- 2:30pm	(321) Green Building 101- Sam Ruark-Eastes, Executive Director, The WNC Green Building Council	(322) Going Green with Your Cleaning Supplies- Keller Ann Knight, The Vitamin Shoppe	(323) Edible & Practical Landscaping: Small Lots & Big Spaces- Jennifer Flynn & Jeannie Dunn, NC Natural Products Association	(324) Better Living Conditions and Local Food Production in Cold Climates- Bart Cox, Northern Indigenous Housing	(325) Colloidal Silver for Healthy Living- Jonathan Glauser, Mountain Well Beings